

**Message Notes**  
**Faithpoint Church**  
**“The Road to Recovery”**

**07.11.16**  
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**Part I**

**Isaiah 57:18-19a, NLT.** *“I have seen what they do, but I will heal them anyway! I will lead them. I will comfort those who mourn bringing words of praise to their lips.”*

**HURTS – HABITS – HANGUPS = We ALL have them!**

Overworking	Overeating	Alcohol
Grief	Guilt	Drugs
Anger/Rage	Fears/Anxiety	Divorce
Overspending	Abuse	Insecurities
Sexual Addiction	Codependency	Gambling
Perfectionism	Procrastination	Lying
Control	Unhealthy Relationships	
Other: _____		

**THE FIRST STEP TO RECOVERY**

**Realize You’re** \_\_\_\_\_

- A. Recognize your \_\_\_\_\_ to control your tendency to do the wrong thing
- B. Confess that your life is \_\_\_\_\_

Romans 5:15-17 (NLT). *“I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate... I am not the one doing wrong; it is sin living in me that does it.”*

**The CAUSE of Our Problem: Our** \_\_\_\_\_

- We want to be play \_\_\_\_\_
- We want to be in \_\_\_\_\_ and in \_\_\_\_\_
- Our image
  - Other people
  - Our problems
  - Our pain

**The CONSEQUENCES of Trying To Play God**

1. \_\_\_\_\_  
Genesis 3:10, NLT. *“He [Adam] replied, ‘I heard you walking in the garden, so I hid. I was afraid because I was naked.’”*
2. \_\_\_\_\_  
Romans 7:21-23, NLT. *“I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. I love God’s law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me.”*
- Psalm 32:3, NLT. *“When I refused to confess my sin, my body wasted away, and I groaned all day long.”*
3. \_\_\_\_\_  
Psalm 32:4-5, NLT. *“Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat. Finally, I confessed all my sins to you and stopped trying to hide my guilt.”*
4. \_\_\_\_\_  
Proverbs 28:13, NLT. *“People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.”*

**The CURE of Trying To Play God**

**Admit You’re** \_\_\_\_\_ **Without God**

- To change
- To control
- To cope

James 4:6, NLT. *“God opposes the proud but gives grace to the humble.”*

**GRACE = the power to** \_\_\_\_\_