

Message Notes
Faithpoint Church
“The Road to Recovery”

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Part IV

STEP 1: The REALITY Step. Realize I’m NOT GOD, that I’m POWERLESS to control my tendency to do the wrong thing and that my life is UNMANAGABLE

STEP 2: The HOPE Step. Earnestly believe that God EXISTS, that I MATTER to him, and that He has the POWER to help me recover

STEP 3: The COMMITMENT Step. Consciously CHOOSE to commit all my life and will to Christ’s CARE and CONTROL

STEP 4: The HOUSEKEEPING Step. Openly _____ and _____ my faults to myself, to God, and to _____ else

Psalm 32:1-2, NLT. “Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty!”

The Reason for this Step

1. Guilt destroys our _____
2. Guilt damages our _____
3. Guilt keeps us stuck _____

Proverbs 28:13, NLT. “People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.”

How to “DO” this Step

1. Take a personal _____

What is wrong? _____

Lamentations 3:40, NLT. “Let us test and examine our ways.”

What are my FAULTS, my SINS, and my MISTAKES?

→ Be Specific, Face Reality, Write Them Down

Psalm 139:23-24, NLT. “Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.”

2. Accept _____ for my problems

Proverbs 20:27, NLT. “The LORD’s light penetrates the human spirit, exposing every hidden motive.”

1 John 1:8, NLT. “If we claim we have no sin, we are only fooling ourselves and not living in the truth.”

3. Ask God for _____

1 John 1:9, NLT. “If we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.”

Hebrews 4:16, NLT. “Let us come boldly to the throne of our gracious God... we will receive his mercy... we will find grace..”

→ We don’t have to BEG, BARGAIN or BRIBE

Isaiah 1:18, NLT. “Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool.”

4. Admit my problem(s) to _____

James 5:16, NLT. “Confess your sins to each other and pray for each other so that you may be healed.”

5. Accept Christ’s _____

Romans 3:23-24, NLT. “For everyone has sinned... Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins.”

Romans 8:1, NLT. “There is no condemnation for those who belong to Christ Jesus.”

The FORGIVENESS Christ Offers IS

_____ - _____ - _____